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hope theory that
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most attention in
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life satisfaction,
affects, self-
esteem, and
personality. The
participants were
179 Americans
aged 18 to 61
years and 499
Brazilians aged 17
to 53 years.

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differs from hope theory where there may be enduring, cross-situational goal-directed thoughts and situational ones [it should be noted, however, that a dispositional measure of self-efficacy has been developed by other researchers (see

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the current best
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across a variety of
settings, the
impact it has on
physical and
mental health, and
the ways in which

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in its redness. It
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it with the pride a
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